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CONSTITUTIONAL SCIENCE

— Theory, Law, Therapy —

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Brief Personal History of the author

- 1924: Graduate from the Medical Dept. of Tōhoku Imperial University.
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Foreword

As more and more is known about the "constitution" of man's body, medical science becomes more scientific, and preventive medicine and therapy simpler and more reliable, and capable of curing more diseases so far hard to deal with.

This paper is a summary record of my over thirty years' theoretical and clinical research.

in April. 1960

author.

CONTENTS

Constitution and disease.....	1
Readiness for contracting disease	1
Cause and effect	2
Pt-Factor.....	2
a) Functions of Pt-factor.....	4
b) Characteristics of Pt-factor.....	5
Theory and law of constitutional science.....	5
Very quick diagnosis and very quick treatment.....	6
Recovery.....	7
Examination of theory and law of constitutional science	8
Polio (Polyomyelitis anterior acuta)	8
a) Prevention of polio	8
b) Polio cure—Kannon treatment.....	9
c) Old cases of polio	10
Cerebral infantile paralysis and similar diseases	10
Viroses	11
Gastric ulcer and duodenal ulcer.....	11
Rheumatism and neuralgia	12
Hyperpiesia	12
Heart diseases.....	12
Tuberculosis	12
Bronchial asthma.....	12
Epilepsy	13
Diabetes, Basedow's disease.....	13
Cancer and mental diseases.....	13
Leprosy, leukemia and atomic disease.....	14
Effects and limitations of constitutional science therapy	14
Conclusion	14
NOTES.....	15

CONSTITUTIONAL SCIENCE

THEORY, LAW AND THERAPY OF CONSTITUTIONAL SCIENCE

Constitution and disease

A careful study of disease will show that there are three essential conditions to any disease, whether chronic, hereditary, or even acute. These concern the constitution, cause and effect.

A science can hardly be called by that name unless its method of research is based on the analysis of the object into its causes and effects, and so long as our medical science involves an incomprehensible factor called "constitution" it cannot be strictly scientific, and cannot be treated as a genuine science.

For the progress of medical science, therefore, it is essential to open a new field of research for this "constitution" factor. This writer has long been striving to find a clue to this constitution riddle. It is necessary, of course, to find ostensible or apparent causes of disease which may be discovered in its symptoms. This writer, however, thought of disclosing latent causes (or constitutional causes) which might lie hidden in the patient's constitution. With this idea he set out to treat various kinds of chronic and hereditary diseases.

In these diseases the constitution factor is more apparent, and as the disease is cured the constitution also changes. By studying such diseases, therefore, it is possible to learn how a patient's constitution is formed.

Readiness for contracting disease

Research along these lines has disclosed to this writer that an attack of disease is always preceded by a certain constitutional condition which he calls "readiness" for contracting the disease, and that this condition leads to the onset of the disease. Such readiness for contracting disease has been known vaguely by such names as "diathesis", "constitution" and "predisposition".

It is also considered that such readiness for contracting disease some-

times appear in connection with immanent factors such as chromosomes and genes, and sometimes is formed by exogenous stimuli or environment.

Cause and effect

Take any disease—cancer, asthma, rheumatic disease, peptic ulcer, autointoxication, cold, hyperpiesia, epilepsy, mental disorders, cardiopathy or any disease you can think of. It is surprising how few of them have had their causes discovered so far. In most cases their causes are entirely in the dark, and many conditions have been ascribed tentatively to such so-called causes as allergy, stress, hypertonia of the autonomic nervous system, excess or deficiency of hormones or vitamins, climacteric changes, diathesis, constitution, overwork, etc.

In other words, modern medical science is trying to prevent or cure diseases by relying on diagnostic knowledge obtained from detailed, sometimes too detailed, studies of a few diseases whose causes are apparent and numerous others whose causes are unknown.

In the former cases where the causes are known, vaccines and specific drugs are used to fight the causes, and if the disease is contagious or infectious, the patient is isolated to prevent the disease from spreading.

Against the innumerable other diseases whose causes are unknown, on the other hand, medical science merely provides symptomatic treatments to deal with the results. Considering these circumstances, modern medical science cannot strictly be called a science. Moreover, little attention has been paid to constitutional causes, or readiness for contracting disease.

Pt-Factor

Now, how does readiness for contracting disease come into being? Let us look into this question. The method employed by this writer to study it is one developed by himself, which he calls constitutional science therapy or Kannon treatment. The method was first applied to the treatment of peptic ulcer. Various drugs were used to fight this disease. These were chosen from among a number of drugs which came to this writer's mind during his thirty years' research on ambergris, whale livers, cuttlefish lipoids, bile acids of sharks, porphyrins, chlorophyll, etc. He looked among these for ones that would be most effective in treatment. Then he discovered that the sixteenth and twentieth drugs he used are internally

so effective against peptic ulcer and cure it so completely that they almost make surgical treatment unnecessary. As the sixteenth letter in the alphabet is P and the twentieth, T, these drugs were called P and T, and this writer learnt that gastric ulcer is ruled by a factor which is strongly influenced by P and T. He named it the Pt-factor and considered it a cause in the constitution.

Drawing inspiration from the fact that P and T remove the pain of gastric ulcer, he then applied them to rheumatism and neuralgia, and found that these also are under the influence of the Pt-factor.

Similarly, a number of other diseases including hyperpiesia, tuberculosis, asthma and epilepsy were treated with P and T, which were prepared into solutions which he called "Kannon",* whose main component was either P or T. Depending on the patient's condition, a 0.5—1.0cc dose of Kannon was used 2—4 times a month. The results showed that P and T are by far more effective than any other treatment known in modern medical science in curing these disease, and it was confirmed that these also are ruled by the Pt-factor.

Readiness for contracting a disease must be produced by the effects of various factors of environment. For instance, there may be x' , y' , z' , factors for gastric ulcer, x'' , y'' , z'' , for rheumatism, x''' , y''' , z''' , for hyperpiesia and x'''' , y'''' , z'''' , for tuberculosis. However, since the clinical data show that all these diseases can be cured by one agent, Kannon, it is presumed that at least one series of factors— x -factors, for instance—must be all identical, that is, $x' = x'' = x''' = \dots = \text{Pt-factor}$.

Moreover, since Kannon can cure these diseases, the Pt-factor must be the most powerful disease-causing factor among the various factors that produces readiness for contracting disease, or even among all causes of disease including constitutional causes (readiness for contracting disease) and pathological causes of current medicine. It was further learnt that so-called causes of disease in modern medical science can lead to actual attacks of disease because there is a constitutional cause, or the Pt-factor, to help them.

This writer also learnt from his more than thirty years' research,

* On the identity of Kannon and the Pt-factor, a report will be made as soon as this writer determines treatment formulae for cancer and mental disorders. Cooperation and support for facilitating his research will be appreciated.

during which he applied Kannon to numerous patients suffering from various diseases, how readiness for contracting disease generally come into being, what extensive effect the Pt-factor has, and how complicated it is in nature.

a) **Functions of Pt-factor**

The Pt-factor has various functions as shown below:

It causes anomalies in both directions. That is, it brings the physical condition to either extremity. The Pt-factor is responsible for such contrary symptoms and diseases as hyperesthesia and hypesthesia, hyperkinesia and motorparalysis, hyperpiesia and hypotension, obesity and tabification, diarrhea and constipation, polyhemia and anemia, sympathicotonia and vagotonia, mania and depression, introversion and extroversion, hyperesthesia and asthenic constitution——both in each pair caused by the Pt-factor.

It makes diseases chronic. When, for instance, acute empyema, cholecystitis, appendicitis, arthritis, bronchitis and other diseases caused by ordinary germs develop into chronic conditions, the Pt-factor is always responsible.

It makes diseases hereditary. The Pt-factor has much to do with attacks of such hereditary diseases as cancer, mental diseases, asthma, rheumatism and gastric ulcer. By controlling the Pt-factor, therefore, it is possible to cure or prevent these diseases.

It helps form your constitution. By controlling the Pt-factor, it is possible to prevent the formation of a hypesthetic constitution, or an asthenic constitution, or an abnormal character. Hence it is seen that the factor has this constitution-forming effect.

It changes allergic reaction. This is another important function of the Pt-factor. As allergic reaction depends on it, turning stronger or weaker as the factor changes, it is now considered possible by controlling the Pt-factor to cure without fail such diseases as chronic urticaria, strophulus and bronchial asthma.

It makes you old. The Pt-factor is one of the major causes that facilitate senescence. By controlling the Pt-factor, therefore, it should be possible to prevent senescent symptoms and diseases of old age.

This writer does not mean to say, however, that all one can keep

himself healthy and sound, without getting old or dying before his time simply by controlling the Pt-factor. This cannot be expected for some reasons. It is true that readiness for contracting disease is primarily produced by the Pt-factor, but other factors—genetic-type factors and exogenous stimuli—also have much to do with it. Moreover, it is considerably influenced by the various characteristics of the Pt-factor itself.

b) Characteristics of Pt-factor

We must now learn the characteristics of the Pt-factor. In the first place, the Pt-factor is characteristic in each species, which means that human diseases are peculiar to man.

The Pt-factor has constancy and permanency and continues to work in one's body all through his life. Also, its functions and consequences strengthen each other—that is, the Pt-factor can grow. It becomes more powerful with age.

The Pt-factor can cause local and general changes in one's body. It is flexible, growing particularly strong when one's body and mind are weary from overwork or illness, and shrinking as one takes rest.

Consequently, the effect of Kannon alone does not suffice to control the Pt-factor. Especially, when it is powerful due to illness, rest is essential. Kannon treatment, therefore, is a combination of chemotherapy and rest-cure. It should be remembered that the effect of the treatment depends a great deal on rest-cure.

Theory and law of constitutional science

Analysis of this writer's past research indicates that what plays the leading role in causing various diseases is readiness for contracting disease in man's constitution, and the most important part of this readiness, and the part responsible for all diseases, comes from the Pt-factor. In other words, most diseases are practically ruled by the Pt-factor, starting under the influence of its functions and characteristics, and developing under the same influence. This is the theory of constitutional science.

It follows from this theory that a drug that can control the Pt-factor can prevent or cure many diseases at the same time. This is the theoretical ground of constitutional science therapy.

The effect of constitutional science therapy, which is effective for

practically all diseases, makes possible quick and complete cure of the disease in the meaning of modern medical science, if the patient is treated at an early stage of the disease. The more delay there is in adopting the treatment, the longer time will be required for recovery and the less hope there will be of complete cure in the meaning of constitutional science. This is the law of constitutional sciences, drawn from its theory and clinical results.

Any approach that may be employed in the future to study man's constitution will lead to the recognition of this theory and this law ruling in human constitution. The popular belief that people do not fall ill if their constitution is sound has thus found scientific proof in constitutional science.

Very quick diagnosis and very quick treatment

Early discovery and early treatment of disease are much stressed in modern medical science. Going a step further, this writer advocates *very* quick diagnosis and *very* quick treatment. For, in constitutional science, this is theoretically possible and a necessity under its law.

When the onset of a disease is clearly noted, it means that the readiness for the disease is already at a considerable level of growth. By whatever name it may be called in medicine, therefore, diagnose it simply as "disease". This is what this writer calls *very* quick diagnosis. And take up Kannon treatment at once. This is what he calls *very* quick treatment. If this procedure is followed, the various chronic diseases currently known in medicine will no longer be seen in the medical science of tomorrow.

In more practical terms, it is recommended that pain at an articulation, for instance, be met immediately with Kannon treatment. Whether the disease is rheumatic, tuberculous or suppurative, it will be effectively treated in this manner and will not result in any motor disturbance or lameness.

Thus, constitutional science provides effective treatment for any symptom, and if, through *very* quick diagnosis and *very* quick treatment, sufficient effort is made for complete cure, any chronic disease may be turned into an acute one and cured as such.

Recovery

Now, let us compare the meaning of "recovery" in constitutional science with that in current medicine. Imagine that here is a patient suffering from shoulder aches, constipation and rheumatism. In current medicine, these are treated separately, and if the main complaint, rheumatism, is cured, with the other symptoms still lingering, it is claimed that the disease has been cured.

In constitutional science, it is considered that rheumatism has not been cured in this case since the patient is still suffering, though only a little, from constipation and aching shoulders, and the treatment is continued to remove all the three symptoms and furthermore to reduce the remaining readiness for the disease as much as possible. For readiness for disease is capable of growing and liable to develop with preference in the part of the body which has been attacked by the disease once and weakened and cause the same disease again in that part.

Current medicine is ignorant of the effect and nature of the Pt-factor or of the fact that it is constantly creating readiness for disease. It is no wonder, therefore, that there should be a marked difference of opinion between constitutional science and current medicine as to the origin and progress of disease and how it should be treated.

In current medicine, for instance, a case of pneumonia treated with a pneumonia drug with seeming success is considered cured, whereas in constitutional science it is thought that the readiness for disease that caused the pneumonia is now added with new readiness for disease which has been developed by the pneumonia, namely, that the body is now in a constitutional condition more vulnerable to disease than before—a condition involving readiness for the next attack of the disease.

In short, how far a treatment for preventing or curing disease has gone must be judged by what steps have been taken against the readiness for disease, or to what extent it has been reduced. In a case of chronic disease, therefore, in which the readiness for disease is strong and still growing, it cannot be determined how long the Kannon treatment should be continued, but so long as the treatment is continued, the patient is protected from attacks of various other kinds of disease and from relapse or aggravation of the disease in question.

Now that we have constitutional therapy to prevent or cure most kinds of disease, it will not be impossible to artificially maintain good health and achieve longevity by effectively using Kannon treatment with the knowledge of constitutional science and thus properly controlling the readiness for disease.

Examination of theory and law of constitutional science

We have seen in the above that there are an important theory and a law ruling in man's constitution and that proper constitutional treatment will prevent or cure a number of "incurable" diseases—a revelation which must be of great importance to medicine.

The next thing to be done is to see if this theory and law will apply to a given kind of disease, and thus prove that the theory and law are actually valid. An ordinary disease, however, is curable even in current medicine which follows the unscientific process of merely determining so-called causes of disease and curing its immediate symptoms. Such a disease will hardly answer the purpose of testing the value of constitutional therapy or Kannon treatment. Let us take for example, therefore, infantile paralysis, a virus-caused disease which is considered incurable in current medicine, and see if the theory and law of constitutional science will apply to this disease.

Polio (Polyomyelitis anterior acuta)

Current medicine simply considers that polio is caused by either of three kinds of virus. It is noted, however, that polio is almost exclusively found in infirm children who often have intestinal troubles or catch cold. This shows that their constitution has much to do with the disease. In other words, polio occurs when a body with strong readiness for disease has been invaded by polio virus.

More exactly, it should be considered that polio virus causes paralysis when it enters a body with particularly strong local readiness for disease in the cornu anterius of the spinal cord, and begins multiplying there.

a) Prevention of polio

The discovery of three types of polio virus led to the success of inoculation with Salk vaccine, but it is yet to be seen whether it provides

a perfect guarantee against the disease, for the method lacks consideration for the most important question of readiness for disease.

b) Polio cure—Kannon treatment

The constitutional therapy developed by this writer (Kannon treatment) calls for very early diagnosis of polio and quick treatment which, if applied early enough, can bring about complete cure with almost 100% sureness, thus preventing lameness.

The patient should be treated roughly as follows:

The drug to be used is the constitutional science preparation already mentioned, Kannon. The earlier it is administered, the better. First, give the patient an intravenous injection of 0.5cc of Kannon liquid. In half a day or a day, he will feel the paralysis beginning to be relieved. For instance, if his lower limbs are paralyzed, he will become able to turn in bed, or sit up, or move the paralyzed parts a little.

To make the effect surer, give the patient another 0.5cc Kannon injection on the third day, and after seven to ten days give him still another injection of 0.5—1.0cc of Kannon. Then all the paralysis will leave the patient and he will be able to move the affected limbs freely at will.

A careful study of his condition, however, may show that he has not yet completely recovered his strength. Give him a few more injections every week, and he will achieve practically "complete" cure as it is called in current medicine.

In constitutional science, however, the patient's constitution is considered more important than the virus. To improve the infirm constitution which has been responsible for the disease, continue to give him a few injections every month, and he will achieve even better health than before the disease.

The above is the treatment formula for polio in constitutional science. In any disease, naturally, there are serious and light cases. From the viewpoint of constitutional science, however, even a serious condition at the time of the onset must have been a light one at very early stages. If the disease is treated at such very early stages, it will be unnecessary to distinguish serious from light cases.

Thus, polio can be cured completely in a short time even by home treatment. If the patient is put to rest and treated immediately after the

onset of the disease, he can dispense with massage and other conventional treatments.

With regard to facial paralysis, also, it has been found that it can be cured quickly and completely like polio. According to this writer's theory and law of constitutional science, any chronic disease which, like polio, has a clearly recognizable onset condition may be cured with no more difficulty than polio. But if the patient is treated after the disease has become chronic, no such quick and complete cure can be expected.

As other example clearly showing the effect of Kannon treatment, we can refer to many amazing results of constitutional science therapy applied at very early stages of keratitis parenchymatosa, keratitis syphilitica, rheumatism, neuralgia, psychosis and other diseases which, like polio and facial paralysis, can be diagnosed at very early stages.

In current medicine, on the other hand, too much time is taken in diagnosing a case, and in too many cases the causes of the disease are left unknown and there are too few sure treatments. You will realize that these disadvantages often let the disease grow worse and become chronic, a condition most unwelcome in the eyes of constitutional science.

c) Old cases of polio

In the future, anyone contracting polio may be cured by Kannon treatment, but what about those who have already become victims of polio? Generally, polio victims are infirm in constitution and have strong local or general readiness for disease. If this readiness is removed, though belatedly, they will be more or less relieved of the lameness. In some cases of polio, the paralysis aggravates with time until the affected limbs become stiff and numb. This is apparently due to a growing Pt-factor, and therefore the condition can be prevented from getting worse by Kannon treatment.

Cerebral infantile paralysis and similar diseases

Like polio, cerebral infantile paralysis appears with preference in infirm children, and it has been proved clinically that readiness for disease is the greatest cause of the disease. In other words, it may be said that its victims are those in whom the influence of what this writer calls the Pt-factor is particularly strong locally in a part of the brains. For it has

been found that the patient's condition can be improved considerably by Kannon treatment.

Cerebral infantile paralysis in a child is seldom noted right after its birth, but very often discovered after a year or so from its insufficient growth. This inevitably results in a delay in treating the patient, and very early treatment advocated by this writer is impossible in such a case. Consequently, the treatment must be continued for a long time to achieve a fair degree of recovery, although there is little hope of complete cure.

Nevertheless, under Kannon treatment, a child may be relieved of inability to hold his head upright, or of spasm, or more or less of relaxation of muscles, or become able to speak, or be cured of strabismus. These troubles would otherwise become fixed and cause serious lameness, and Kannon treatment saves the child from such a misfortune.

Kannon treatment has been found applicable also to convulsive myospasia, Parkinson's disease, athetosis, chorea, bulbar paralysis, lateral sclerosis, progressive muscular atrophy, mental deficiency and other diseases similar to cerebral infantile paralysis, and these have been added to the kinds of disease which are effectively treated under the theory and law of constitutional science.

Viroses

Considering that polio is a virus-caused disease, it is no wonder that Kannon treatment should have remarkable effect also on epidemic hepatitis, encephalitis japonica, measles, trachoma, influenza, etc. Thus, the theory and law of constitutional science, drawn from clinical results about many cases of many diseases cured by Kannon treatment, have been found applicable to infantile paralysis and other diseases similar to it.

So far, treatment formulae have been established for diseases including the following in constitutional science:

Gastric ulcer and duodenal ulcer

These can be cured according to the law of constitutional science. The treatment formulae for them are conditioned on abstinence from alcohol, overeating and overwork. A continued treatment with two or three 0.5--1.0cc Kannon injections a month will render surgical operations unnecessary, barring cases with serious niches or perforations.

Rheumatism and neuralgia

Two or three injections a month of 0.5—1.0cc of Kannon will prove much more effective than any treatment known in current medicine. The period of treatment is determined by the theory and law of constitutional science.

Hyperpiesia

It conforms fully to the law of constitutional science. The most important thing is to discover the disease at an early stage. Treatment will be surprisingly easy. Chronic cases, however, should be treated over long periods to change the constitution and bring it into a safe condition. If the patient has had a cerebral hemorrhage and is suffering from paralysis, he should quickly be treated with Kannon to cure the hyperpiesia. The treatment will remarkably facilitate the patient's recovery from paralysis and alleviate his lameness. In any case, a 0.5—1.0cc dose of Kannon should be given 2—3 times a month, and the treatment should be continued for a half-year to several years.

Heart diseases (angina pectoris, cardiac infarction, cardiasthma, cardio-neurosis, extrasystole)

Recovery from these diseases may be proved objectively by radiocardiograms, and subjectively by the disappearance of symptoms.

Tuberculosis

Since the Pt-factor is a stronger disease-causing factor than any so-called cause of disease in current medicine, Kannon, capable of controlling this factor, should be able to cure all types of tuberculosis much more effectively than any antituberculosis drug known in current medicine. Two to four dosages of 0.5—1.0cc of Kannon a month will suffice. Kannon is so effective that we can almost dispense with all antituberculosis drugs used in current medicine.

Bronchial asthma

Kannon cures this disease with sureness. Even in chronic cases, whether there are fits or not, continue to use with patience a dosage of 0.5 1.0cc of Kannon 2 3 times a month. You will realize that many

causes to which asthma is ascribed in current medicine are not really causes but results of the disease mistaken for causes.

Epilepsy

This disease reacts to the treatment in much the same manner as asthma. All the cases treated by this writer, whether suffering from fits or not, were cured with sureness by continued treatment. Cerebral operations are therefore unnecessary.

Diabetes, Basedow's disease

These are cured by continued treatment with two to three 0.5—1.0cc Kannon injections a month. There will be evidences of recovery both subjectively and objectively.

The treatment formulae for other diseases have been similarly established.

Thus, a new medical science beyond the ordinary concept of medicine has appeared—constitutional science, whose treatment consists in controlling the Pt-factor which determines your constitution.

Cancer and mental diseases

A few words should be added here about cancer and mental diseases which are currently studied from the viewpoint of constitutional science. Cancer in an advanced stage will need some modified form of the normal treatment in constitutional science, or it should be treated under some facilitating conditions. For instance, Kannon treatment even at the present stage of development will be able to save many people from cancer if it is applied after the greater part of the cancer-affected parts have been removed by a surgical operation,* or if it is applied to destroy cancer at a very early stage or as soon as cancer is suspected, or if it is used as a preventive treatment for people with hereditary tendencies to cancer.

Thus, the theory of constitutional science is apparently valid for cancer too, and it is clear that the disease is subject to the law of constitutional science. This means that cancer also is closely related to the Pt-factor. This writer regrets, however, that his research is not progressing fast enough for lack of a sufficient number of cancer patients available.

* It is necessary to determine to what extent the cancer-affected tissue must be removed before constitutional science therapy can be effective for preventing the recurrence of the disease.

Mental diseases, which may be discovered with comparative ease at early stages, may be treated without such difficulty as mentioned above for cancer. Any mental disease, whether it is neurosis, or manic-depressive psychosis, or schizophrenia, may be easily treated under the theory and law of constitutional science. For these diseases also are closely related to the Pt factor. In the future, therefore, care must be taken not to let them turn chronic.

Leprosy, leukemia and atomic disease

These also need further research from the viewpoint of constitutional science.

Effects and limitations of constitutional science therapy

Any disease can be cured completely in a short time if diagnosed and treated at a very early stage, and therefore any case of disease appearing in the future will be prevented from becoming chronic. But existing chronic cases, such as polio cases with permanent lameness or stiff and numb limbs, must use constitutional science treatment over long periods (one to several years). With such continued treatment, they will be able to achieve such high degrees of recovery as cannot be expected in current medicine, although, unfortunately, some of their physical defects will remain and make the recovery "incomplete" from the viewpoint of constitutional science.

The recovery thus achieved will be unstable, and the condition must be maintained by continued constitutional science treatment. For between disease and Kannon there is a relation similar to that between lues and arsenobenzol.

Conclusion

Thus, a most effective way of treating disease has been developed by an approach based on constitutional control. In the future, medicine will become more scientific, established on the basis of constitutional science with unflinching treatment formulae for individual kinds of disease and using only those treatments in current medicine which are truly effective.

In the theory and law of constitutional science newly established, the tendency of Oriental medicine toward comprehensiveness has found its ground, and the analysis of the Pt-factor will serve the ultimate purpose of

analytic Western medicine. The medical ideals of East and West are combined in the concept of the Pt-factor, and through its exploration medicine will become a genuine science.

NOTES:

1) The assertion in this report that this writer has succeeded in his effort to make medicine really scientific by exploring human constitution is beyond the common sense of current medicine, and the reader may not readily be disposed to accept it. Therefore, the only way to convince him that in a genuine medical science any disease may be treated effectively in accordance with the theory and law of constitutional science will be to prove it by experiments.

The writer regrets to say that, because of his necessity as a practitioner to maintain his private laboratory and continue his research, he cannot reveal the details of the Pt-factor and Kannon for the moment, although, naturally, he will not hesitate to unveil them and contribute what little he can toward the good of mankind if he is assured of sufficient backing. Anyone inclined to offer cooperation or assistance for this writer's research will be shown proof of this fact through tests and demonstrations.

2) This writer's research aims in the immediate future are to determine treatment formulae for cancer, mental diseases, leprosy, leukemia, atomic disease, etc. through clinical research and to explore the nature of the Pt-factor chemically, biochemically, bacteriologically, pharmacologically and biologically.





